

December 24, 2019

Contact Us:

Customer Service (352) 753-4508

Administration (352) 751-3939

Budget (352) 674-1920

Community Standards (352) 751-3912

Community Watch (352) 753-0550

Property Management (352) 753-4022

Finance Customer Service (352) 750-0000

Human Resources (352) 674-1905

Public Safety (352) 205-8280

Purchasing (352) 751-6700

Recreation Administration (352) 674-1800

Risk Management (352) 674-1828

Utility Operations (352) 751-3939

District Weekly Bulletin



CDD Orientation

This valuable program is held each Thursday at 10:00 a.m. at the District office located at 984 Old Mill Run in Lake Sumter Landing. For additional information, please contact the District Customer Service Center at 352-753-4508.

CDD Orientation is cancelled December 26, 2019, January 2, 2020 and January 9, 2020.

www.DistrictGov.org





Community Development Districts Property Management

The following facilities will be temporarily closed or have scheduled maintenance:

⇒ Savannah Recreation Center

The Savannah Recreation Center will be closed for cleaning on December 29th.

\Rightarrow Saddlebrook Recreation Center

The Saddlebrook Recreation Center will be closed for maintenance on January 5th.

⇒ Colony Cottage Recreation Center

The Colony Cottage Recreation Center will be closed for maintenance on December 28th.

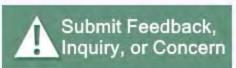
\Rightarrow Pennecamp Adult Pool

The Pennecamp Adult Pool Restrooms will be closed for maintenance on December 24th and December 25th.

\Rightarrow Moyer Recreation Center

The Moyer Recreation Center will be closed for cleaning on December 28th.

Frequently Asked Questions and Answers





What are a few tips for staying safe this holiday season?

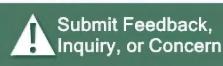
Community Watch will be working around the clock throughout the holidays. We will be at full staffing levels in all phases of our operation: patrol, gate attendants, dispatch and gate ops.

A couple of safety reminders:

- If you will be away for the holidays, Community Watch offers a house check program for your consideration. For a small weekly fee, a Community Watch Patrol Driver will walk the perimeter of your home 3 times per week. If anything is not as it should be, we will contact you, your neighbor or law enforcement, if necessary. For information about this program, contact the Customer Service Department at 352-753-4508. If you are not enrolled in this program, please consider having a neighbor keep an eye on your home while you are away.
- Indoor lights on timers are a great way to give the impression that someone is home.
- Cancel paper deliveries or have your neighbor pick up your papers from the driveway.
- Track packages being delivered to your home. It is not a good idea to leave packages sitting on your front doorstep, especially for a long period of time.
- If you are having guests for the holidays who may be unfamiliar with The Villages, let them know that they can get assistance in the form of "word map directions" from any of our staffed gates. The attendants also have word map directions to neighborhoods behind nearby unstaffed gates. For additional information, please contact Community Watch at (352) 753-0550.

A few simple precautions can help you have a safe and happy holiday season!

Frequently Asked Questions and Answers





Community Development Districts

When and where can I obtain guest passes?

Guest ID Card Services, Trail Fees and Activity registration are available 7 days a week:

•Monday – Friday from 8:30 am – 5 pm (Trail Fees are available only through 4:00pm): All regional recreation centers (Paradise, La Hacienda, Savannah, Mulberry Grove, Laurel Manor, Lake Miona, Colony Cottage, SeaBreeze, Eisenhower, Rohan, Fenney & Everglades) and the District Customer Service Centers from 8:00 am–5 pm.

•Saturday & Sunday from 8am-12pm: La Hacienda, Lake Miona, Eisenhower & Rohan Regional Recreation Centers Only

**Starting January 4, 2020, the Saturday & Sunday hours at La Hacienda, Lake Miona, Eisenhower & Rohan Regional Recreation Centers will be 8:30 am—12 pm. **

Weekend Services will begin at the new Everglades Recreation Complex beginning January 4, 2020 from 8:30 am to 12:00 pm.

www.DistrictGov.org



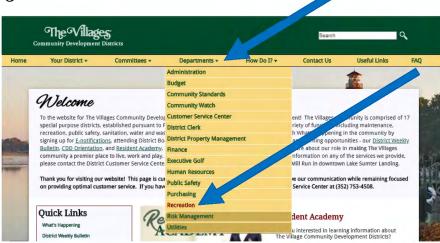
Community Development Districts

How can I register for Monthly Socials?

The Villages Recreation & Parks Department offers monthly socials to help Villagers enjoy the companionship of others in a friendly, fun atmosphere, as well as fulfilling the recreational, educational, emotional or physical needs of the participants. Registration for the monthly socials is available online, in addition to walk-in registration at all regional recreation centers.

For online registration follow these easy steps:

- 1. Go to <u>www.DistrictGov.org</u>.
- 2. Click on Departments.
- 3. Click on Recreation.



4. Click on the Socials (on the right hand side).



www.DistrictGov.org	The Villages® Community Development Districts
5. Click on Registration.	
Socials	
The Recreation & Parks Department's monthly ocials are time social gatherings, parties, events or activities held at various recreation centers to help Wildgers enjoy the companionship of fellow Villagers in a friendly, fun atmos	
Monthly Calendar of Ativities Registration	
6. View the month's social offerings	5.
7. Create an account or login.	
8. Register for the socials of your ch	loosing.
For questions or assistance, please call Recreation Administration at 352-674- 1800.	
Information Provided by The Villages Community Development Districts Recreation & Parks	
Government of the second secon	AN. 2 10:00AM SHARON ROSE WIECHENS PRESERVE ickets available at all Regional Recreation Centers for \$4 per grandchild. ickets available at all Regional Recreation Centers for \$4 per grandchild. ickets available at all Regional Recreation Centers for \$4 per grandchild. ickets available at all Regional Recreation Centers for \$4 per grandchild. ickets available at all Regional Recreation Centers for \$4 per grandchild. ickets available at all Regional Recreation Centers for \$4 per grandchild. ickets available at all Regional Recreation Centers for \$4 per grandchild. ickets available at all Regional Recreation. ickets available at all Regional Recreation Centers for \$4 per grandchild. ickets available at all Regional Recreation. ickets availa

December and January Holiday Information

The District Customer Service Center and all District administrative offices will be closed on Wednesday, December 25, 2019 in observance of Christmas. We will resume normal business hours on Thursday, December 26th.

The offices will also be closed on Wednesday, January 1, 2020 in observance of New Year's Day. We will resume normal business hours on Thursday, January 2nd.

In addition, the following cancellations will take place:

- The District Weekly Bulletin will be published Tuesday, December 24th
- CDD Orientation is cancelled on Thursday, December 26th.
- There will not be a District Weekly Bulletin published the week of January 1st.
- CDD Orientation is cancelled on Thursday, January 2nd.
- CDD Orientation is cancelled on Thursday, January 9th.

If you have any questions or would like additional information, please contact the District Customer Service Center at (352) 753-4508.

Recreation Center Holiday Closings

Tuesday, December 24– All Recreation Centers will be open as usual with the exception of a 6:00 p.m. closure. Fitness Clubs will be open from 6:30 a.m. to 1 p.m.

Wednesday, December 25- Recreation Offices, Recreation Centers and Fitness Clubs will be closed.

Although the recreation centers are closed the outdoor facilities and swimming pools will be open for your enjoyment. Regular services will resume Thursday, December 26, 2019.

Tuesday, December 31- Recreation Centers will be open as usual from 7 a.m. to 10 p.m. Fitness Clubs will be open from 6:30 a.m. to 1 p.m. Resident Lifestyle Group meetings will end at 1 p.m. in preparation of New Year's Eve Celebrations.

Wednesday, January 1- Recreation Offices, Recreation Centers and Fitness Clubs will be closed.

Although the recreation centers are closed the outdoor facilities and swimming pools will be open for your enjoyment. Regular services will resume Thursday, January 2, 2020.



TheVillages

Community Development Districts

Architectural Review Committee Meeting Date Change

The District Offices will be closed on December 25, 2019 and January 1, 2020, in observance of the holidays.

The Architectural Review Committee meeting scheduled for December 25, 2019 and January 1, 2020 will be held on **Thursday, January 2, 2020** at 8:00 a.m. at the District Offices, 984 Old Mill Run, The Villages.

The cut off for applications will be Tuesday, December 24, 2019 at noon. If you have any questions, please contact the Community Standards Department at 352-751-3912.



December and January Holiday Information

Holiday Sanitation Information

Village Community Development Districts 1-11

If you live in Village Community Development Districts 1-11 in the Sumter County, Marion County or Fruitland Park portions of The Villages, there will not be yard waste collection on Wednesday, December 25, 2019 or Wednesday, January 1, 2010. Yard waste collection will occur on **Saturday**, **December 28th and Saturday**, **January 4th.** Please have your yard waste out no later than 6:00 a.m.

Village Community Development District No. 12

There are no schedule changes due to the holidays.

If you live in the <u>Lake County portion of The Villages</u> (not including VCDD No. 11), please contact Lake County Solid Waste at (352) 343-3776 for information on your sanitation schedule.

If you live in the <u>**Town of Lady Lake portion of The Villages**</u>, there will be no trash or recycling collection on Wednesday, December 25, 2019 or Wednesday, January 1, 2020. Recycling will be collected on Thursday, January 8th.

Information Provided By

The Villages® Community Development Districts Utilities

Christmas Tree Collection

If you live in **Village Community Development Districts 1-11 in the Sumter County, Marion County or Fruitland Park portions of The Villages**, discarded live Christmas Trees can be placed at the curb (trees cannot be more than 4' in height or must be cut to 4' lengths) and will be picked up with your yard waste collection <u>only</u>. No yard waste will be collected on Wednesday, December 25th or Wednesday, January 1st. Make up days will be Saturday, December 28th and Saturday, January 4th.

Artificial trees should be taken apart and placed curb side in sections and will be collected with your regular household trash (not recycling) on your designated day. If you have any questions please contact Jacobs at 352-748-0109.

If you live in **Village Community Development District No. 12**, you can place your tree at the curb and it will be picked up with your normal household trash. If it is a live Christmas Tree, you will need to have it cut it half. If you have any questions, contact the Utilities Department at 352-750-0000.

If you live in the **Lake County portion of The Villages** (not including VCDD No. 11), please contact Lake County Solid Waste at (352) 343-3776 for information.

If you live in the **Lady Lake portion of The Villages**, please contact Waste Management at (352) 787-4416 for information.



Information Provided by...

TheVillage

Community Development Districts
Property Management

Wilkerson Creek Park and Children's Playground

District Property Management (DPM) is pleased to announce the much anticipated commencement of the Lake Sumter Landing project at Wilkerson Creek Park & Children's Playground located across from Sonny's restaurant. A new Pirate Ship playground structure will be sailing in later this month and will be moored at the playground docks as the original ship sails away into retirement. The new playground area will feature an array of colors, American with Disabilities Act (ADA) accessible features such as play panels at ground level, musical instruments and cognitive play components. The new pirate ship includes traditional slides and climbing features to encourage physical development and fitness. In addition to these upgrades the District is excited to also be installing a rubberized play surface and an engineered shade structure to further enhance the playground use experience. In order to facilitate these exciting changes to the playground experience it is anticipated the area will be closed to the public beginning January 8, 2020 with an anticipated project completion date in late January 2020. If you have any questions regarding this project please contact DPM at (352) 753-4022.

Wilkerson Creek Waterwheel

District Property Management (DPM) is pleased to announce the commencement of the Lake Sumter Landing project to rebuild the Wilkerson Creek Waterwheel, located between the Bass Factory Outlet and Chop House at Lake Sumter on Wilkerson Creek. Not only will the waterwheel be replaced, it will be back in operation to emulate one of the largest waterwheels (28') east of the Mississippi River. In order to facilitate the project it is anticipated a portion of the parking area behind Bass as well as some of the walkway will be closed to the public beginning January 6, 2020 with an anticipated project completion date in late January 2020. If you have any questions regarding this project please contact DPM at (352) 753-4022.

The Villages® Community Development Districts

As the number of residents increase in The Villages this time of year, please take a moment to ensure you are protecting yourself and others when travelling throughout the community at night. If you are walking or biking, wearing light and reflective clothing make it much easier for you to be seen in the evening and early morning hours. Carrying a flashlight or other flashing light will also make you more visible to vehicles travelling the community. It is important to be aware of your surroundings and when enjoying the multi-modal paths, SHARE the path with your fellow Villagers. Please take a moment to review some of the additional educational and safety materials we have available on www.DistrictGov.org pertaining to safety on the multi-modal paths and on golf carts. The Florida Department of Transportation also has information pertaining to pedestrian and bicycle safety as part of their Alert Today Alive Tomorrow campaign. Some of their educational materials can be found on the next two pages or by visiting their website- https://www.alerttodayflorida.com/. Help us make this a safe and enjoyable community for everyone!





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AVOID DISTRACTIONS. 🚔 🕈 🚴 STOP BEFORE TURNING RIGHT ON RED. K USE THE SIDEWALK AND CROSSWALKS. BICYCLE PREDICTABLY, WITH TRAFFIC.

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Obey all traffic laws. If no sidewalks are present, walk against the direction of traffic so you can see oncoming vehicles. **Avoid distractions** while driving.

Focus on the road.

Always wear a helmet. **Ride in the same** direction of traffic on the street. Obey all traffic signs, signals, and lane markings.

Always use the crosswalk. Push the button to get the walk signal.

Be visible. Wear bright, reflective colors on your clothes, shoes, belts and wristbands.

Pass bicyclists safely. Allow at least three feet between your vehicle and the bicyclist.

Slow down! Speed is the cause of 32% of all fatal crashes.

Yield to traffic when appropriate. It's better to vield than "be in the right" and risk injury.

Be visible. Position vourself in the lane so others can easily see you. Always use a headlight and taillight at night.

www.AlertTodayFlorida.com

The Villages. **Information Provided by... Community Development Districts Executive Golf** A holiday gift comes early each year for our golf course superintendents. This past Saturday, December 21st, was the Winter Solstice, best known as the shortest day of the year. After this day, the sun will continue on a more overhead path and will increase sunlight with each passing day. Bermuda grass, of which the golf courses consist, needs ample sunlight to thrive. Superintendents will rejoice knowing sunnier days are ahead. Seasonal configuration North Pole of Earth and Sun Equator arth's orbit vernal equinox summer winter Sun solstice solstice autumnal equinox

Information Provided by...

The Villages® Community Development Districts Risk Management

The holiday season is a very special time of year, but all the added activity, shopping, and togetherness can lead to significant stress. This stress can affect your health and can sabotage the quality and quantity of sleep you enjoy leading to sleep deprivation, as well. If you thought the holiday season was a little stressful with regular sleep, see how much more stressful it can be when you are sleep deprived! Stress!

During the holidays, we often find ourselves spending time with relatives, friendly acquaintances, or people in the office with whom you don't normally socialize—holiday parties and visits often bring us together. You may be one of the lucky people who gets along wonderfully with every member of your extended family and all of the people you encounter at work, but if you aren't, you already know the stress that this can bring. When so many people are thrown together particularly in the case of out-of-town visits—conflicts often erupt.

Not getting enough sleep can cause all kinds of health issues. Memory issues: During sleep, your brain forms connections that help you process and remember new information. A lack of sleep can negatively impact both short and long-term memory. Mood changes, sleep deprivation can make you moody, emotional, and quick tempered. Chronic sleep deprivation can affect your mood and lead to anxiety or depression, which may escalate. Trouble with thinking and concentration, your concentration, creativity, and problem solving skills aren't up to par when you don't get enough rest. Even accidents, being drowsy during the day can increase your risk for car accidents and injuries from other causes.

Not getting enough sleep can take a toll on your immunity, as well. Too little sleep weakens your immune system's defenses against viruses, like those that cause the common cold and flu. You're more likely to get sick when you're exposed to these germs. If you sleep less then five hours a night, your risk for high blood pressure increases. A lack of sleep also affects your body's release of insulin, a blood sugar-lowering hormone. People who don't get enough sleep have higher blood sugar levels and an increased risk for type 2 diabetes.





Sleep deprivation can cause weight gain, the chemicals that signal to your brain that your full are off balance. As a result, you're more likely to over indulge even when you've had enough to eat! On top of all those risks, sleep deprivation may lead to increased blood pressure and higher levels of chemicals linked to inflammation, both of which play roles in heart disease.

In a nutshell, sleep deprivation is caused by consistent lack of sleep or reduced quality of sleep. Getting less than 7 hours of sleep on a regular basis can eventually lead to health consequences that affect your entire body. This may also be caused by an underlying sleep disorder.

Your body needs sleep, just as it needs air and food to function at its best. During sleep, your body heals itself and restores its chemical balance. Your brain forges new connections and helps memory retention.

Without enough sleep, your brain and body systems won't function normally. It can also dramatically lower your quality of life. A review in 2010 Trusted Source found that sleeping too little at night increases the risk of early death.

The best way to prevent sleep deprivation is to make sure you get adequate sleep. Follow the recommended guidelines for your age group, which is 7 to 9 hours for most adults ages 18 to 64.

Other ways you can get back on track with a healthy sleep schedule include:

- limiting daytime naps (or avoiding them altogether)
- refraining from caffeine past noon
- going to bed at the same time each night
- waking up at the same time every morning
- sticking to your bedtime schedule during weekends and holidays
- spending an hour before bed doing relaxing activities, such as reading, meditating, or taking a bath
- avoiding heavy meals two hours before bedtime
- refraining from using electronic devices right before bed
- exercising regularly, but not in the evening hours close to bedtime



If you continue to have problems sleeping at night and are fighting daytime fatigue, talk to your doctor. They can test for underlying health conditions that might be getting in the way of your sleep schedule. Give yourself the perfect gift for the holidays, and give yourself some sleep!



Happy Holidays from Risk Management!

Sources: <u>https://www.healthline.com/health/sleep-deprivation/effects-on-body#10</u> <u>https://www.verywellmind.com/guide-to-better-sleep-during-the-holiday-season-3144656</u>



District 4 - Q&A Meetings! Monday, January 6th, 2020

This month's Question & Answer meetings will be hosted by Mark Hayes, District 4 Supervisor.

The purpose of these informal meetings is to provide ALL residents with the opportunity to get together, make friends, ask questions, get answers, share concerns, offer suggestions, seek solutions and address rumors.

In order to improve communications, each month residents have an opportunity to "chat" with one of the five Supervisors of District 4. Residents are able to sit down together to discuss any topics they would like pertaining to District 4.

These "Q&A Meetings" provide an informal setting with no agenda, no scheduled speakers, no microphones, no topic limits, and no speaker time limits.

- All meetings are held at Mulberry Grove Recreation Center
- Meetings begin at 7:00 PM and end at 9:00 PM.
- Residents are invited to attend the entire meeting to listen to other residents' questions, but each of you may come and go as you please, based on your own schedules.
- Because residents choose the topics, each meeting will be different.

Why attend a Q&A? The Villages currently has 13 residential Districts that total over 60,000 households. But only three, (CDD-2, CDD-4 & CDD-8), offer informal, evening-time opportunities for YOU to meet and discuss whatever is on your mind regarding the day-to-day operations of The Villages. And --BEST OF ALL-- Villages Administration and Staff often attend these meetings and respond QUICKLY to your concerns. Q&A's offer an opportunity that very few Villagers get to enjoy. Come join us this month . . . and become more involved in your ever-changing local community!

TOPICS discussed at previous District 4 Question & Answer Meetings have included:

- Amenity Authority Committee (AAC)
- Amenity Deferral Rates
- Architectural Review Committee (ARC)
- Bonds (District 4 & AAC)
- Church Purchase
- Community Watch
- Deed Restrictions
- Dog Parks
- Emergency Storm Drain Project
- Finances (AAC)
- Finances (District 4)
- First Responders Recreation Center (FRRC)
- Fitness Trails
- Gates

- Hurricanes
- Landscaping, Fences, Walls
- Law Enforcement
- Multi-Modal Paths (MMP)
- New Development on County Road 42
- Phillips Villas
- Recreation, Parks & Executive Golf
- Road Maintenance
- Sinkholes
- Solid Waste Management & Recycling
- Soulliere Villas
- Water Usage & Surcharges
- Water Retention Areas
- YOUR CHOICE OF OTHER TOPICS??

For more information: Call District 4 Supervisor Don Deakin at (352) 750-5395; or send an Email to: DRDeakin@aol.com or Don.Deakin@DistrictGov.org



You're Invited to a FLORIDA-FRIENDLY LANDSCAPING WORKSHOP

What is Florida-Friendly Landscaping?

Why is it important to protect the environment throughout The Villages[®] community?

Join us for the third workshop in a series designed to inform residents of environmental stewardship in The Villages Community!

JANUARY 13, 2020 • 11AM

ROHAN RECREATION CENTER - 850 KRISTINE WAY

FREE EVENT - TICKETS REQUIRED Tickets will be available November 14, 2019 at all of The Villages Box Office locations and at www.TheVillagesEntertainment.com

Staff and a consultant team will be available to address your questions after the presentation.

Hope to see you there! For additional information, please contact The District Customer Service Center at (352) 753-4508

WEBSITE

To learn about these events and others, please visit our website www.DistrictGov.org. You can also learn about what's happening, obtain contact information and other helpful information.

E-NOTIFICATIONS



Sign up for email notifications – Would you like us to notify you when events such as these occur? Are you interested

in finding out other important community information? If so, sign up for e-Notifications!

Need help signing up? Please contact our office Monday through Friday from 8:00 a.m. to 5:00 p.m. for assistance.



www.DistrictGov.org

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You are invited!

JOIN US AT AN UPCOMING RESIDENT ACADEMY. AN INTERACTIVE PROGRAM TO LEARN ABOUT YOUR LOCAL COVERNMENT.

- Help alleviate the confusion, questions and misinformation that exists regarding the responsibilities and functions of The Villages[®] Community Development Districts.
- Learn all about the history and benefits of special districts.
- Have the opportunity to tour the North Sumter Utility Plant.
- Obtain information on the following District departments The Villages Public Safety Department, Property Management, Customer Service, Community Standards, Community Watch, Recreation & Parks, Executive Golf, Budget, Utilities, Finance and MORE!

Updated Format • Updated Information • No Waiting List

CHOOSE FROM 4 CONVENIENT DATES IN 2020 TO FIT YOUR ACTIVE LIFESTYLE

JANUARY 6 • 8:30AM - 1:30PM • SAVANNAH RECREATION CENTER

APRIL 1 • 8:30AM - 1:30PM • EISENHOWER RECREATION CENTER

JULY 22 • 8:30AM - 1:30PM • SAVANNAH RECREATION CENTER

NOVEMBER 16 • 8:30AM - 1:30PM • ROHAN RECREATION CENTER

www.DistrictGov.org

CLICK ON WWW.DistrictGov.org FOR MORE!



EASY REGISTRATION

- Register online at www.DistrictGov.org by clicking on the 'Resident Academy' link.
- Register in person at one of the District Customer Service Centers or at any Regional Recreation Center.
- For assistance, contact the District Customer Service Center at (352) 753-4508.

To keep up with what's happening, make sure you are signed up to receive e-Notifications! By signing up for these email notifications, we will notify you of future opportunities and other helpful community information. Need help signing up? Contact us at (352) 753-4508 for assistance.



For additional information or to request an accommodation, please contact the District Customer Service Center at (352) 753-4508.



Community Development Districts

www.DistrictGov.org