

**Contact Us:**

**Customer Service**  
**(352) 753-4508**

**Administration**  
**(352) 751-3939**

**Budget**  
**(352) 674-1920**

**Community Standards**  
**(352) 751-3912**

**Community Watch**  
**(352) 753-0550**

**Property Management**  
**(352) 753-4022**

**Finance Customer Service**  
**(352) 750-0000**

**Human Resources**  
**(352) 674-1905**

**Public Safety**  
**(352) 205-8280**

**Purchasing**  
**(352) 751-6700**

**Recreation Administration**  
**(352) 674-1800**

**Risk Management**  
**(352) 674-1828**

**Utility Operations**  
**(352) 751-3939**

# District Weekly Bulletin



This photo was submitted by Becky Perkins, Customer Service Department, as part of the photo contest for the cover of the annual District 7 Community Development District Audit Report. To view the entire audit report for District 7 or any of The Village Community Development Districts, please visit [www.DistrictGov.org](http://www.DistrictGov.org).

## CDD Orientation

This valuable program is held each Thursday at 10:00 a.m. at the District office located at 984 Old Mill Run in Lake Sumter Landing. For additional information, please contact the District Customer Service Center at 352-753-4508.

**CDD Orientation is currently cancelled.**

## **COVID-19 District Action Plan**

**May 11, 2020 8:00 a.m.**



**Community Development Districts**

The safety of residents, guests, staff and visitors in The Villages community continues to be of utmost importance to the District. As the guidance provided by the Centers for Disease Control and Prevention (CDC), the Florida Department of Health and Governor DeSantis on the prevention of COVID-19 continues to update, the District will be implementing a carefully phased plan to slowly and safely reopen recreational amenities.

### **Phase II – began May 4<sup>th</sup> and will continue through the month of May**

Recreational activities that meet criteria of specific health department guidelines will begin opening. Some of the criteria taken into consideration will include limited exposure, high respiration activities, activity interaction and the interaction of persons/objects. **To view a complete list of the activities and facilities, as well as the guidelines and restrictions for use, please click on the header of this announcement.**

### **Outdoor Activities & Facilities**

- Swimming Pools are open with limited capacity
- Outdoor Parks
- Dog Parks
- Executive Golf Courses remain open
- Fishing
- RC Boats & Cars
- Recreation equipment is available for checkout for the following activities. Equipment will be sanitized after each use.
  - Lawn Bowling, Croquet, Shuffleboard, Petanque, Corn Toss, Horseshoes, Fishing, Outdoor Fitness Equipment, Basketball
- Fenney Putt & Play

### **Indoor Activities**

- Arts & Crafts
- Billiards
- Darts
- Table Shuffleboard
- Lobby Areas/WiFi Use

## **COVID-19 District Action Plan**

**May 11, 2020 8:00 a.m.**

# The Villages®

Community Development Districts

All facilities will close by 8:00 p.m. to afford staff time for next day cleaning and preparation. Villages IDs will be checked and cashless Trail Fee services will continue.

The District Administrative Offices at Lake Sumter Landing are open on an appointment only basis. Appointments can be made by emailing or contacting the appropriate District Department. For assistance, please contact the District Customer Service Center at (352) 753-4508.

There is a drop box available in the breezeway outside of the District office. If you need to drop off correspondence, please utilize the locked drop box.

**Community Watch Dispatch will continue to be available 24 hours per day, 7 days per week at (352) 753-0550.**

**Phase III – Not anticipated to take effect until after the month of May (dependent upon health guidelines from local, state & federal agencies)**

Will include opening non-regional recreation centers, additional outdoor facilities and a full opening of District Administrative offices.

At this time, it is not anticipated that there will be any recreation sponsored or co-sponsored large events.

We continue to encourage you to follow all guidance provided by the CDC as it relates to social distancing and individual responsibilities pertaining to personal preparedness. Please visit [www.DistrictGov.org](http://www.DistrictGov.org) and ensure you are signed up to receive e-Notifications for the most up-to-date information.

# Information Provided By...

## **Fiscal Year 2020-21 Budget Process Update – AAC/PWAC Budget Review**

The Amenity Authority Committee (AAC) and the Project Wide Amenity Committee (PWAC) reviewed their FY20-21 Budgets during their regular meetings held on Wednesday, May 6, 2020 in the Savannah Center. As the original March Budget workshops were cancelled due to COVID19, both the workshop topics and the budget review took place during these meetings lasting 3-4 hours each.

The agenda was packed full with numerous presentations. As both committees review the amenity funds within their areas, many of the presentations were for similar topics such as:

- **FY20-21 Budget Review:** A review of revenues, expenditures, and major variances, a review of working capital, reserve balances and settlement funds, and an economic forecast were discussed.
- **Recreation News:** A review of the Recreation Department's Communication and Marketing Plan and the Recreation News component were presented including changes over the last 10 years, how the communication plan has evolved with technology, and cost comparisons to other cities' magazines. For the FY20-21 Budget, a total of \$790,000 has been budgeted which is allocated to the RAD Amenity Fund (\$197,500), SLAD Amenity Fund (\$434,500) and the developer (\$158,000) based on ownership of the regional and village recreation centers. The per person cost is less than 50 cents a month and the per rooftop cost is less than one dollar a month!
- **Gate Cameras/Automatic License Plate Recognition Project (ALPR):** Direction was not to proceed with the installation of the ALPR software.
- **AED Program Overview Pools/off-site locations:** Information was provided regarding the successful AED program.
- **Signage Program – Phase II:** Direction was to continue with the guide signs at points not located on or at the tunnels.
- **Tunnel Lighting Project:** An update was provided for the pilot tunnel lighting project. Funds have been included in the FY20-21 Budget to proceed with the interior contrast painting to increase the lighting levels within the tunnels.

## Information Provided By...

- **Timber Bridge Inspections:** An update and estimated costs were provided for necessary bridge inspections.
- **Industrial Hygiene Consultants:** A study is underway to determine operational preparedness focused on pathogen exposure and control. Once the evaluation is completed, the budget impact will be determined.
- **Sightlines Presentation:** An update of the Facilities Assessment & Planning report was provided. The report identifies maintenance needs for the recreation centers along with estimated costs over the next ten years.

The AAC members also discussed various projects specific to the amenities north of 466 which included:

- **Silver Lake Golf Course Renovation:** As the current golf course is scheduled for a renovation in FY20-21, Golf Director, Mitch Leininger presented some new “thinking outside of the box” concepts such as turning the current golf course into a Pitch and Putt / Putt and Play courses similar to the ones in Marsh Bend/ Fenney. The estimated costs ranged from \$500,000 to \$1.1M for the three options. Residents will be surveyed with results to come back to AAC for further direction.
- **Paradise Recreation Center – Design Phase:** In line with prior direction from AAC, a timeline and estimated costs for the design phase of the Paradise Recreation Center renovation were provided. AAC direction was to move forward as planned.

During the budget review of the Project Wide Fund, the PWAC also reviewed the following items:

- **Project Wide allocations:** For participating Districts without acreage changes the allocation reflects only a slight increase of less than .5%. District 13 – Phase I has been added to the allocation.

## Information Provided By...

- **Morse Revetment Project:** Update was provided with the recommendation to use the GEOWEB Stone reinforced slope with estimated project cost of \$1,230,000. PWAC direction was to move forward with engineering and permitting at an estimated cost of \$130,000. Funds are available in current working capital and reserve balances.
- **Stormwater Replacement Program:** The District will increase their review of storm water asset conditions to determine any additional maintenance improvements which will align with the future asset management program plan.
- **Lake Miona Walking Trail:** A new trail concept was provided to develop a walking/nature trail loop from Lake Miona Recreation Center along Black Lake fence line. Estimated engineering/surveying costs in the amount of \$18,000 are included in the FY20-21 Budget with a preliminary construction estimate of \$260,000 to be included in the FY21-22 budget.

In addition to the topics previously mentioned for the amenity funds, the PWAC also was provided an update on the budgeted greens improvements at the Sandhill and Sweetgum Golf courses.

The FY20-21 Budget Review packets and PowerPoints can be viewed on the District's website – [www.Districtgov.org](http://www.Districtgov.org) under the Amenity Authority Committee and Project Wide Amenity Authority Committee May agendas links.

## ~ Fiscal Year 2020-21 May Budget Workshops ~

As we continue with our Fiscal Year 2020-21 Budget Process, we will be conducting several budget workshops during the month of May. These workshops will include an in-depth review of the line-item budget, maintenance assessment rate schedule, working capital & reserve balances, and capital improvement plan updates with Board Supervisors.

As always these workshops are open to the public. Please note that the District Budget Workshops will be held in the Ashley Wilkes Room of the Savannah Regional Recreation Center to ensure that all social distancing guidelines are adhered to for the safety of all attendees.

Below is the schedule for the District May Budget Workshops:

- **Monday, May 18th**

- District # 9 - 8:00 a.m.

- District # 10 - 9:30 a.m.

- District # 11 - 11:00 a.m.

- District # 12 - 2:00 p.m.

- **Tuesday, May 19th**

- District # 5 - 8:00 a.m.

- District # 6 - 9:30 a.m.

- District # 7 - 11:00 a.m.

- District # 8 - 2:00 p.m.

- **Tuesday, May 26th**

- District # 1 - 8:00 a.m.

- District # 2 - 9:30 a.m.

- District # 3 - 11:00 a.m.

- District # 4 - 2:00 p.m.

- **Thursday, May 28th**

- NSCUDD - 9:00 a.m.

Residents are encouraged to provide input during the Budget Process. If you are unable to attend the above meetings then you may provide your comments by contacting a Committee member, contacting Richard Baier, District Manager or Barbara Kays, Budget Director at 751-3939 or email Barbara at [Barbara.Kays@Districtgov.org](mailto:Barbara.Kays@Districtgov.org).

# BOARD MEETINGS: MAY 2020

## NOTICE OF PUBLIC MEETING

### VILLAGE COMMUNITY DEVELOPMENT DISTRICTS

- **Regular Board Meeting**

NSCUDD	Thursday	5/14/20	9:00 A.M.
SLCDD	Thursday	5/14/20	10:30 A.M.
BCDD	Thursday	5/14/20	11:30 A.M.
District 9	Thursday	5/14/20	1:30 P.M.
District 10	Thursday	5/14/20	3:00 P.M.

(Meetings to be held at Savannah, Ashley Wilkes Room)

- **Regular Board Meeting**

District 5	Friday	5/15/20	8:00 A.M.
District 6	Friday	5/15/20	9:30 A.M.
District 8	Friday	5/15/20	11:30 A.M.

(Meetings to be held at Savannah, Ashley Wilkes Room)

- **Budget Workshop**

District 9	Monday	5/18/20	8:00 A.M.
District 10	Monday	5/18/20	9:30 A.M.
District 11	Monday	5/18/20	11:00 A.M.
District 12	Monday	5/18/20	2:00 P.M.

(Meetings to be held at Savannah, Ashley Wilkes Room)

- **Budget Workshop**

District 5	Tuesday	5/19/20	8:00 A.M.
District 6	Tuesday	5/19/20	9:30 A.M.
District 7	Tuesday	5/19/20	11:00 A.M.
District 8	Tuesday	5/19/20	2:00 P.M.

(Meetings to be held at Savannah, Ashley Wilkes Room)

- **Budget Workshop**

District 1	Tuesday	5/26/20	8:00 A.M.
District 2	Tuesday	5/26/20	9:30 A.M.
District 3	Tuesday	5/26/20	11:00 A.M.
District 4	Tuesday	5/26/20	2:00 P.M.

(Meetings to be held at Savannah, Ashley Wilkes Room)

- **Budget Workshop**

NSCUDD	Thursday	5/28/20	9:00 A.M.
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(Meeting to be held at Savannah, Ashley Wilkes Room)



# Frequently Asked Questions and Answers



Submit Feedback,  
Inquiry, or Concern

## How do I begin preparing for hurricane season?

Hurricane Preparedness Week was May 3–9, 2020. As we begin preparing for Hurricane Season which is June 1st through November 30th, here are the second and third tips to help with your preparation. Stayed tuned to the Weekly Bulletin for more tips.

Source: <https://www.weather.gov/wrn/hurricane-preparedness>

### MAY 6 - Get an Insurance Checkup

Check in with your insurance agency well before hurricane season. Remember that flood insurance must be obtained separately. Prepare your home and vehicles according to your policy. Know where your insurance documents are located and take them with you if you evacuate. Visit [floodsmart.gov](https://www.floodsmart.gov) for more information.



Check with  
your agent



Keep your  
documents  
with you



For more info:  
[floodsmart.gov](https://www.floodsmart.gov)



Consider  
flood insurance



Know your  
policy

# GET AN INSURANCE CHECKUP.

While preparing for hurricane season, follow the latest health guidelines from the CDC and your local officials.



# Frequently Asked Questions and Answers



Submit Feedback,  
Inquiry, or Concern



## MAY 7 - Strengthen Your Home

There is a lot you can do around your home to help protect it from hurricane winds. Well ahead of the approaching storm, trim trees on your property, get approved window coverings, collect loose outdoor items, secure all doors on your property, and find a safe location for your vehicle.



Cover  
windows



Trim trees



Secure loose  
outdoor items



Secure  
all doors



Move your car  
to a safe location

# STRENGTHEN YOUR HOME

While preparing for hurricane season, follow the latest health guidelines from the CDC and your local officials.



## Where can I find a list of District Departments and contact information?

With a lot of services being available via phone and email, you can locate a list of all District Departments with their contact information.

Visit www.DistrictGov.org and click on the Contact Us link.



### Contact Us

The following is an abbreviated listing of the most visited District operational locations along with a contact person for each department. Please feel free to stop in or give us a call. For more information on any of the District Departments, please visit the Department's home page.

#### District Administration

352-751-3939 • Fax: 352-753-6430

#### [Email Administration](#)

Richard J. Baier: [Richard.Baier@districtgov.org](mailto:Richard.Baier@districtgov.org)

#### Budget

352-674-1920 • Fax: 352-674-1921

Barbara Kays: [Barbara.Kays@districtgov.org](mailto:Barbara.Kays@districtgov.org)

#### Community Standards

352-751-3912 • Fax: 352-751-6707

Candice Dennis: [Candice.Dennis@districtgov.org](mailto:Candice.Dennis@districtgov.org)

#### Community Watch

Phone: 352-753-0550 • Fax: 352-753-9400

#### [Email Community Watch](#)

Nehemiah Wolfe: [Nehemiah.Wolfe@districtgov.org](mailto:Nehemiah.Wolfe@districtgov.org)

#### Customer Service Center

Phone: 352-753-4508 • Fax: 352-751-3936

#### [Email Customer Service](#)

Carrie Duckett: [Carrie.Duckett@districtgov.org](mailto:Carrie.Duckett@districtgov.org)

#### Executive Golf Maintenance

Phone: 352-674-1885 • Fax: 352-674-1805

Mitch Leininger: [Mitch.Leininger@districtgov.org](mailto:Mitch.Leininger@districtgov.org)



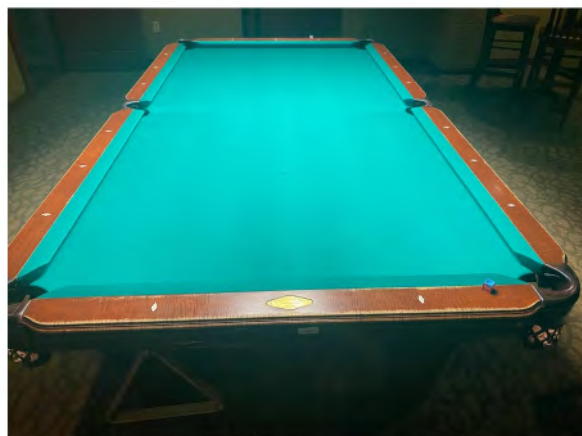
From this page you will find a list of contact information.

## Come By and See



### Silver Lake Billiards Tables

Stop by and see the newly recovered billiards tables at Silver Lake Recreation Center.



## Information Provided By...



### Executive Trail Fees

To pay your Executive Trail Fees over the phone, contact any Regional Recreation Center from 8:30 a.m. to 4 p.m.-

Paradise - 753-0637

Colony Cottage - 750-1935

La Hacienda - 753-1716

Sea Breeze - 750-2488

Savannah Center - 750-6084

Eisenhower - 674-8390

Mulberry Grove - 259-6040

Rohan - 674-8400

Laurel Manor - 751-7110

Fenney - 674-8460

Lake Miona - 430-2950

Everglades - 674-8434



# WEEKEND SERVICES

**SATURDAY & SUNDAY | 8:30AM – NOON**

**LA HACIENDA | LAKE MIONA  
EISENHOWER | ROHAN | EVERGLADES  
REGIONAL RECREATION CENTERS**

- Executive Trail Fees (cashless)
- Guest IDs (pre-order online preferred)

**The Villages®**  
**Recreation & Parks**



For more information email  
[RecreationDepartment@DistrictGov.org](mailto:RecreationDepartment@DistrictGov.org)  
or visit [www.DistrictGov.org](http://www.DistrictGov.org)



# FACE MASKS ARE REQUESTED

For ALL Indoor & Outdoor Activities



**STAY HEALTHY**  
& HELP KEEP OTHERS HEALTHY TOO

**The Villages®**  
Recreation & Parks



The safety of residents, guests, staff and visitors in The Villages community continues to be of utmost importance to the District. We thank you for your help in keeping with the guidance provided by the Centers for Disease Control and Prevention (CDC), the Florida Department of Health and Governor DeSantis on the prevention of COVID-19.

For more information email [RecreationDepartment@DistrictGov.org](mailto:RecreationDepartment@DistrictGov.org) | [DistrictGov.org](http://DistrictGov.org)

# Information Provided By SECO



## **KEEP IT CLEAR – WE WORK HERE**

SECO personnel routinely perform work on transformers and meters on members' property. Field employees find it challenging to safely access padmount transformers and underground facilities when shrubs or fencing have been placed surrounding the front and sides of the equipment. The clearance zone is 10 feet in front and 3 feet on the sides and back of equipment. On meters, SECO needs unobstructed access to read the face and perform work safely. In maintenance and outage situations, the obstacles cause the work to take longer than necessary and most important, pose safety risks to our employees and can cause readings to be estimated rather than actual - resulting in an inaccurate electric bill.

Per our Terms & Conditions, these obstructions are simply unacceptable, and SECO is taking a firm stand on such violations. To raise awareness the co-op developed a new communications campaign called [Keep It Clear – We Work Here](#). The campaign renews SECO Energy's commitment to employee safety in the field.

Keep fences, shrubs and other lawn ornaments at least 10 feet away from the front of the transformer and three feet away from the back and the sides. Open gates, clear obstructions and relocate animals that restrict SECO access to metering equipment. Trim landscaping that blocks the meter face. If SECO is unable to obtain a clear view of the meter and record an accurate meter reading, the member may receive an estimated (and inaccurate) bill for that reading cycle.

In the spirit of customer service, SECO has practiced diplomacy and patience with members who have refused to comply with our safe clearance requirements. The Keep it Clear campaign changes our approach. Unimpeded, safe access to SECO's transformers and metering equipment is a necessity.

## Information Provided By SECO



As SECO personnel conduct equipment audits across our service territory, members with equipment obstructions on their property will be required to clear the obstructions or trim the landscaping that impedes SECO personnel's safe access. The Keep it Clear campaign provides affected members with letters, door hangers, emails and other notifications advising of the need for obstruction removal. If those notices are ignored, disconnection of service is a last resort but a step that will be taken in extreme cases.

The vast majority of our members follow the clearance rules and respect the reasoning. If you are planning a landscape project, please be sure to maintain that compliance. If you buy a house in SECO's service or if the service is in your name as the renter, you bear responsibility for access to the electric equipment on the property. Thank you for your part in keeping SECO employees safe by ensuring access to SECO's electric equipment.

## Information Provided By...



### **Update on the Solid Waste Management Plan**

On May 6, 2020, The North Sumter County Utility Dependent District (NSCUDD) Board voted in favor of having all material collected commingled and taken to the Covanta Energy from Waste facility. This Board direction recognizes a long term vision which balances environment stewardship with a quality sanitation service and affords residents a stable/ sustainable disposition of its municipal solid waste. Negotiations are currently underway to secure a long term contract which will be presented to the NSCUDD Board meeting on June 18<sup>th</sup>. A decision will also be made by the Board at the June meeting on a charge per pick up on bulk waste such as furniture and white goods.

Please visit [www.DistrictGov.org](http://www.DistrictGov.org) to view the entire May 6, 2020 presentation.





**GET A  
PLAN!**  
FloridaDisaster.org

**So you think your family is prepared for a hurricane...**

**WOULD YOU STAKE  
YOUR LIFE ON IT?**

In the hours and days immediately following a hurricane, the top priorities for first responders and emergency personnel will be search and rescue and law enforcement. It's your personal responsibility to provide the first line of defense for your family.

**ASK YOURSELF:**

- ▶ Is your family prepared to be on its own for 7 days or more?
- ▶ Do you have enough food, water and other critical supplies for your entire family to last at least 7 days?
- ▶ Do any of your family members have medical or other Special Needs?
- ▶ Do you have a plan for your pets?

**IS YOUR FAMILY READY?**



**CANCELLED**  
2020 The Villages  
Hurricane Expo

Due to the COVID-19  
Virus, The Villages  
Public Safety  
Department has  
cancelled the expo.

**IF NOT,  
IT'S TIME TO  
GET A PLAN!**



Log on to [www.FloridaDisaster.org](http://www.FloridaDisaster.org) today to develop a free customized hurricane preparedness plan for your family.

## The first step toward protecting your family is to make sure you have a Family Disaster Plan.

Creating your own plan is simple and it only takes a few minutes. Just visit [www.FloridaDisaster.org](http://www.FloridaDisaster.org) and click "Get a Family Plan." Completing the plan is as easy as doing an Internet search or downloading music. And having a plan for your family will help ensure their safety and comfort before, during and after a storm.

Once at [www.FloridaDisaster.org](http://www.FloridaDisaster.org), you will be asked to provide information about your home, your family, and pets. Using this information, the website will create a personalized Family Disaster Plan that you can print and save for future emergencies.

### Included in your plan will be:

- ▶ Recommended amounts of food and water based on the size of your family.
- ▶ Contact information for your local emergency responders and maps of your local Evacuation Zones.
- ▶ Checklists of important steps to take before, during, and after a disaster.

### Your Family Disaster Plan will also include detailed instructions on creating a disaster supply kit for your family.

#### This kit should include:

- ▶ At least 7 days worth of drinking water and non-perishable food for your entire family.
- ▶ At least 7 days worth of batteries for flashlights and radios.
- ▶ At least 7 days worth of vital prescription drugs.
- ▶ At least 7 days worth of diapers and essential baby supplies if you have small children.
- ▶ An outdoor grill and fuel.
- ▶ A generator with fuel.

### Don't have Internet access at home? You can still get a plan.

Visit your local library and ask for assistance logging onto [www.FloridaDisaster.org](http://www.FloridaDisaster.org). You can create and print your plan from the library's public computer.

## TAKE ACTION TO PROTECT YOUR FAMILY TODAY!

### 1. Log onto FloridaDisaster.org.



### 2. Enter in your personal information and answer a series of questions about your household.



### 3. Print your personalized Family Disaster Plan and review it with your entire family.



**GET A  
PLAN!**  
**FloridaDisaster.org**



**The following facilities will be temporarily closed or have scheduled maintenance:**

⇒ **Silver Lake Recreation Center**

The Silver Lake Recreation Center will be closed for maintenance on May 18th.

⇒ **Hibiscus Recreation Center Billiards Room**

The Hibiscus Recreation Center Billiards Room will be closed for maintenance May 20th through May 22nd.

⇒ **Churchill Street Recreation Center Billiards Room**

The Churchill Street Recreation Center will be closed for table recovering May 13th through May 15th.

⇒ **Tall Trees Neighborhood Adult Pool**

The Tall Trees Neighborhood Adult Pool will be closed for maintenance on May 20th.

## **Information Provided By...**

**The Villages®**  
Community Development Districts  
**Executive Golf**

After a much needed rest and rehabilitation, Belmont and Bogart Executive Golf Courses will re-open on Monday, May 18, 2020 for residents to enjoy. We thank you for your patience during this time. Happy Golfing!



## Information Provided by...

# The Villages®

Community Development Districts  
Utilities

Preventative maintenance is occurring on the potable water system field valves throughout many areas of The Villages. Those customers serviced by Village Center Service Area (VCSA), Little Sumter Service Area (LSSA) and North Sumter Utilities (NSU) that will be impacted will be notified 24 hours in advance of a temporary interruption in service and will receive the following notification:

*THE PUBLIC DRINKING WATER MAINS IN YOUR AREA WILL BE SHUT DOWN TEMPORARILY FOR NEEDED MAINTENANCE.*

*AS A PRECAUTION, UPON RETURN OF WATER SERVICE, WE ADVISE THAT ALL WATER USED FOR **DRINKING, MAKING ICE, AND COOKING BE BOILED**, **FOR ALL OTHER HOUSE HOLD USES THE WATER IS ACCEPTABLE**. A ROLLING BOIL OF ONE MINUTE IS SUFFICIENT. AS AN ALTERNATIVE, BOTTLED WATER MAY BE USED.*

*THIS "PRECAUTIONARY BOIL WATER NOTICE" WILL REMAIN IN EFFECT UNTIL THE MAINTENANCE TASK HAS BEEN COMPLETED AND A BACTERIOLOGICAL SURVEY SHOWS THAT THE WATER IS SAFE TO DRINK. IF YOU HAVE ANY QUESTIONS, YOU MAY CONTACT DEANNA SIMMONS, FROM THE WATER DEPARTMENT AT (352) 259-2802 (NSU WWTP).*

A notice with the addresses of the affected area along with this information will be left at the door of all impacted addresses. We appreciate your patience and cooperation in order to maintain the continued integrity and safety of the District Infrastructure.

### **A tentative schedule of the areas impacted in the upcoming week:**

2501 Privada Dr—5/18/2020

1501 El Paso Way—5/18/2020

2164 Sun Bluff Ct—5/19/2020

2242 Hanover Ter—5/19/2020

3531 Reston Dr—5/20/2020

3527 Reston Dr—5/20/2020

## Mental Health Month 2020

### Week Two: Creating Healthy Routines

The Villages®  
Community Development Districts  
Risk Management

Work, paying bills, cleaning, cooking, shopping, exercising, getting enough sleep, and taking care of children are just some of the things millions of Americans do each day and it is easy to become overwhelmed. It may feel impossible to get everything done, let alone take care of yourself – especially if you're already struggling with a mental health concern like depression or anxiety. By creating routines, we organize our days in such a way that taking care of tasks and ourselves becomes a pattern that makes it easier to get things done without having to think hard about them

When it comes to diet, sleep, and exercise, having good, strong routines is linked to improved mental and physical health.

People with daily routines have lower levels of distress when facing problems with their health or with negative life events.



It takes an average of 66 days for a behavior to become automatic (a habit), but for some people or for some behaviors it can take as long as 8 1/2 months. **Don't give up!**

#### TIPS FOR SUCCESS

- **Create the routine that is right for you.** We don't all have the same schedules or responsibilities and some of us struggle with certain parts of daily life more than others. All healthy routines should include eating a nutrition-rich diet, exercising, and getting enough sleep, but no two routines will be exactly the same.
- **Start small.** Changing up your day-to-day routine all at once probably won't end up with lasting results. Pick one small thing each week to work on. It could be adding something new and positive, or cutting out a bad habit. Small changes add up. Take baby steps!



# Mental Health Month 2020

## Week Two: Creating Healthy Routines

The Villages®  
Community Development Districts  
Risk Management

- **Make swaps.** Think about the things you do during the day that aren't so healthy and swap them with better behaviors. For example, if you feel sluggish in the afternoons and eat sugary snacks for a quick pick-me-up, try taking a brisk walk instead to get your blood pumping and endorphins flowing. Or if you find yourself having a few alcoholic drinks after a long stressful day, try sipping hot tea instead.
- **Plan ahead.** When life gets hectic, you may be tempted to skip out on the new parts of your daily routine. By doing things like prepping meals ahead of time, picking out an outfit the night before work, or having an alternate home workout option for the days you can't make it to the gym, you help set yourself up for success even when you're hurried.
- **Make time for things you enjoy.** Even if it's just 15 minutes a day, set aside time to do something you find fun or relaxing—it will release chemical messengers in your body that are good for your physical and mental health.
- **Reward yourself for small victories.** Set goals and celebrate when you reach them. Have you added exercise to your weekly routine and worked out every day as planned for the last couple weeks? Treat yourself! Watch a movie you've been wanting to see or enjoy a game with your family.
- **Don't beat yourself up if you miss a day.** Making life changes can be hard and you might forget to do something that is new to your routine every once in a while. You don't have to be perfect, just try to do better the next day.



Establishing a positive daily routine is both a self-investment and a way to do your best for the rest of the world. It also provides additional benefits, such as giving you structure, building forward-moving habits, and creating momentum that will carry you on the days when you feel like you don't have the strength to carry yourself.

Source: <https://mhanational.org/creating-healthy-routines>

# Construction Update

**The Villages®**  
Community Development Districts  
Property Management

Rainey Construction Company is tentatively scheduled to begin resurfacing roads in the following areas-

- **Fairlawn Villas** - May 18, 2020

Dates may be adjusted due to unforeseen circumstances, including weather.

Everything possible will be done to minimize your inconvenience. For the SAFETY of our crews and all residents, we ask that you reschedule any work or deliveries to your Villa until the paving is complete as they may be denied access. Only residents and emergency vehicles will have immediate access during the construction.

**PLEASE DO NOT run your irrigation, wash your vehicle or empty your pool during the week, as it will increase the work time.**

**ALL vehicles and trailers must be parked OFF of the roads and the overflow parking areas must be empty, as to not impede the work.**

**Please be advised that newly paved roadways will take approximately one hour to cure and should not be driven on while hot! Driving before this time could result in tracking asphalt onto your driveway and damaging the new roadway.**

**If you must travel through the construction, PLEASE drive slowly and watch for and listen to directions provided by the contract workers.**

Our goal is to give you a new road that will last a maximum life with the LEAST amount of inconvenience. Your cooperation is GREATLY APPRECIATED. If you have any questions during the work there will be someone on site to help. For additional information, please contact District Property Management at (352) 753-4022.